# Curriculum Vitae, Rev Anneke Oppewal

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E: hello@annekeoppewal.com www.annekeoppewal.com

#### Education

2018 - Relational Gestalt Therapy Education and Training, first year - Gestalt Therapy Australia 2016 - Diploma Strategic Psychotherapy and Clinical Hypnosis, Australian Institute for Clinical Hypnotherapy. (This institute has recently changed its name to The Institute of Applied Psychology).

1989 - Training for the ordained ministry in the Netherlands Reformed Church;

1985 - M.A. Theology, Groningen University, The Netherlands, majors in New Testament and Pastoral Theology (at the Catholic University of Nijmegen), minors in Systematic Theology and Dogmatics;

Masters thesis: Mark 16:1-8, A journey back to the beginning of the gospel (15000 words). 1982 -B.A. (Hons) Theology, Groningen University, The Netherlands (majors in Philosophy and Church History, minors in Hebrew, Aramaic, Psychology of Religion, Sociology of Religion, Ecumenics, New Testament, Old Testament, Biblical Hermeneutics, Liturgy, Systematic Theology, Religious Studies, Spirituality)

# Employment and other Experience (paid or voluntary)

In private practice as Strategic Psychotherapist and Clinical Hypnotherapist, 2016 - present

Minister of the Word, Uniting Church in Australia (2003 - present). Currently in placement at North Balwyn Uniting Church (since 2010).

Additional activities and roles during this period:

Member of Bethel pastoral Centre for the healing of abuse in the Uniting Church, Council member (2010 - present), Chair (2015-2018)

Member of Presbytery Formation committees in Yarra Yarra and Port Philip East Presbyteries.
Professional Supervisor, Spiritual Director, Field placement supervisor and Mentor in the UCA
Assessor for the Lay Leadership Education and Training at the Centre for Theology and
Ministry 2012 - present, member of leaderships team 2012-2014
Member Creative Ministries Network professional supervision team 2015
Member Pastoral Relations Committee Presbytery Yarra Yarra 2014
Think tank cultural competency education UCA 2013
Member of leadership team Ethics Education UCA 2013
Member Synod Selection Committee 2012
Board member Centre for Theology and Ministry 2005-2012
Member multicultural committee of the board of the Centre for Theology and Ministry (2008-2012)
Member of the UCA Icon school organising committee 2005- 2009
Member School Boards Wesley College and St. Catherine School as Church representative
Member foundation team 'Kinross House', centre for Art and Spirituality at Toorak Uniting Church, 2005-2009

Prior to 2003: Minister of the Word, Netherlands Reformed Church (1989-1997), Free lance work in the United Reformed Church United Kingdom (1999-2002).

# Publications

"Job", 6 sermons, 2019

"The 'I am' sayings of the Gospel of John", 8 sermons, 2018

Two essays: "Meditation, Mindfulness, Prayer and Hypnosis, similarities and difference in theory and practice"

"Ruth, Her Story, our Story", Reflections from women of faith. 2012

"The Song of Songs", a multi-faith exploration of divine passion and love. 2010

"The woman bent double", multi-media project with a focus on trauma and recovery,

including sexual abuse issues. 2009

Prayer resource"Uphold one another in prayer" together with Rev. Joan Wright Howie, spiritual director at the Centre for Theology and Ministry. 2007

Regular contributor to "De Eerste Dag" a Dutch theological magazine offering

lectionary resources for worship and education 2003 - present

"Liturgische Bouwstenen" Narratio, Gorinchem, ISBN 90 5263 3045, a translation of liturgical material from the Iona community. 2003

Member Australian Hypnotherapists Association

# Continuing Education, conferences and developing interests

2019

Masterclass Clinical Hypnosis, Dr Michael Yapko, Australian Institute for Clinical Hypnosis, Sydney

2018

AHA Victoria various workshops, February, May, August

Workshop Gestalt Therapy Australia with Dr Jacky Amos, When Wounds From Infancy Collide: Integrating Attachment And Trauma In The Treatment Of Severely Distressed Mother-Child Dyads and Adult Survivors Of Early Interpersonal Trauma

2017

AHA Victoria workshops, August, November,

Byron Clinic, Trauma, the brain and biology, Bessel van der Kolk, December

Mental Health First Aid, November

Tess Graham, Essential Breathing Skills, 2 day workshop, August

Institute of Applied Psychology (previously Australian Institute for Clinical Hypnosis), Over analysis, July

Australian Institute for Clinical Hypnosis, Tasking, February

2016

Ron Siegel, The power of Mindfulness: Mindfulness inside and outside the therapy hour, Two day workshop, October

Strategic brief interventions, Dr. Michael Yapko, Brisbane, June/July

Australian Institute for Clinical Hypnosis, Hypnotherapy Treatment for weight loss workshop, August

Australian Institute for Clinical Hypnosis, Nailing the strategic interview, September

Australian Institute for Clinical Hypnosis, Intra Personal Relationship Therapy Workshop, October

Australian Institute for Clinical Hypnosis, When Control Is Out of Control Workshop, December

AICH, Strategic Psychotherapy and Clinical Hypnotherapy Diploma course, Sydney

The "I am sayings in the gospel of John" project with Rabbi Fred Morgan

2015

'Preaching for Transformation' Conference, Sydney

Post Colonial Theology Conference, Melbourne

Forming Disciples in Mission Colloquium, Uniting Church General Assembly

Busy Women's Retreat, Ridley College Melbourne.

The Historical Jesus, Sean Winter, Pilgrim Theological College, 10 session audit

Webinar, Alzheimers Australia, understanding Alzheimers disease

Domestic Violence Resource Centre Victoria (DVRCV), Recognising and responding to family violence - including risk assessment,

AICH, Strategic Psychotherapy and Clinical Hypnotherapy Diploma course, Sydney

Self study: Meditation, Mindfulness, Hypnosis and Prayer as pastoral and spiritual tools for healing and well being.

#### 2014

AICH, Strategic Psychotherapy and Clinical Hypnotherapy Diploma course, Sydney UCA Post Colonial Theology Conference, Melbourne UCA Preaching for Transformation Conference, Sydney Accordance Biblical Software, one day course

2013

Wisdom's feast, two day metro,

Two day Conference N.T Wright, Jesus, Paul and the Mission of God's people,

Paul and the faithfulness of God,

Festival of Homiletics, Nashville, 5 days Secrets of Interplay workshop, Phil Porter

# 2012

Hildegard of Bingen conference
Cross Cultural Mission & Ministry Retreat
Bethel Good Grief, understanding and responding to grief, workshop
Bethel Is Forgiveness possible workshop
Messy Church Conference
More than Meditation course - Bill Patterson
Study day, Holy Conversations, Strategic planning as a Spiritual practice for Congregations
Ongoing Academic study on the role and development of the Eucharist in the Early Church

2011

JCMA women's conference, Interplay Peter and Jenny Batten, Port Melbourne. Healing, Prayer and Creativity retreat Crowhurst Christian Healing centre, UK, http:// www.crowhursthealing.co.uk More than Meditation Course - Mind Body Solutions, Bill Patterson

#### 2010

Story tellers, 10 sessions course, Centre for Theology and Ministry JCMA women's conference, Journalling in the Ignatian tradition, Campion, http://www.cis.jesuit.org.au/campion.html

#### 2008

Women in Ministry, School of Ministry, Embodied preaching, 8 sessions course Negotiation skills, Box Hill Institute, Self study, The Eucharist as instrument of healing

2007:

Mysticism, centre for Christian Meditation, 10 months weekly sessions Purpose driven Church at Crossways Jews, Christians and Muslims Association (JCMA) conference, Uphold one another in prayer conference, leader Retreat leadership training,